

**Application for board member role  
 (Please complete all sections)**

Full name:	Marianne H. Tangen
Name of member stroke support organisation:	Norsk forening for Slagrammede.
Position held in member stroke support organisation:	Vice chair
Country of member stroke support organisation:	Norway

What contribution do you hope to make to SAFE and the stroke patient community as a member of the board?

I am currently Vice chair in Norsk forening for slagrammede, NFS, and it would be an honour to become a member of the SAFE board.

I hope to contribute to the great work already being done by SAFE. I am particularly interested in understanding more about the large differences between all the countries in Europe and how they address stroke prevention, care, and treatment. I feel very privileged to be Norwegian compared to many other countries, although we aren't perfect here either, we have a long way to go in many aspects.

Please select any of the following where you have a specific expertise that would be useful to the board.

Accounting	
Communications	x
Education and Training	
Fundraising	
Governance	
Human Resources	
Public Affairs	

Research	
Strategy	
Other	

What personal expertise and professional strengths will you bring to SAFE and the stroke community? Mention any relevant experience.

I am a 3 times-stroke survivor (2016, 2x2017) and I have been a member of NFS going on 5 years now. I have been a board member of my local chapter of NFS since 2018, and on the main board since 2021.

I am a vernepleier/nurse in my job, I work in dementia care so communication, I would say, is my absolute strength.

I would call myself both dutiful and diligent, if I get assigned a task, I'll complete it.

I have lived in the USA for 12 years, so my English skills are decent.

How would your election to the SAFE board benefit your organisation?

I think that it would bridge the gap between Europe and Norway significantly, but also the northern region with having a representative from there on the board.

The more information we in NFS have about what is going on in Europe, will help us help our members, and give us "ammunition" for our healthcare system regarding issues still needing bettering. For example, post-stroke care and rehabilitation.

I confirm that the information contained in this application is correct, and that neither me, or my organisation, have been subject to any financial/legal or other such investigations in the past 12 months.

Signature: Marianne H.Tangen Date: 18. May 2022

Once completed, please return this form, along with a recent curriculum vitae to the SAFE Secretariat @ [info@safestroke.eu](mailto:info@safestroke.eu)

A letter from the board of your organisation supporting your nomination should be submitted separately to the Secretariat.

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# MARIANNE HELÈN TANGEN

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## PROFESSIONAL SUMMARY

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Adaptable provider of general nursing services to patients with wide variety of conditions and health considerations. Highly skilled multitasker with 8 years of experience managing individual health plans for people with different needs. Empathetic and emotionally available vernepleier/nurse with highly relatable approach.

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## SKILLS

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- Preventive Healthcare
- Medical Recordkeeping
- Accurate Documentation
- Clear Patient Communication
- Compassionate and Caring
- Medication Administration
- Electronic Charting

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## WORK HISTORY

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**Vernepleier/Nurse**, 09/2020 to Current

**Molde Municipality** – Molde, Norway

- Assessed patients to determine individual needs and develop care plans in coordination with multidisciplinary healthcare professionals.
- Updated patient charts with data such as medications to keep records current and support accurate treatments.
- Arrange activities that are suitable for people with dementia, for example: musical therapy and age-appropriate exercise.

**Vernepleier/Nurse**, 08/2014 to 08/2020

**Molde Municipality** – Molde, Norway

I worked in the schoolsystem with children, youth that are on the autistic spectrum. I made the day/weekplan for them and made sure they had an ok day at school.

**Daily Operations Manager**, 10/2009 to 06/2011

**Drøpping Kafe** – Tingvoll, Norway

Preparation of food.

Barista.

Cashier

Server.

Customer service.

Cleaning.

**Certified Pharmacy Technician**, 04/2002 to 10/2009

**Mayo Clinic** – Rochester ,MN, United States

- Communicated directly with doctors offices via telephone, fax, and email.
- Counted, measured, and compounded medications following standard procedures.
- Assisted in preparation, distribution, and storage of pharmaceuticals.
- Stocked, labeled and inventoried medication to keep accurate records.

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## EDUCATION

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**Bachelor I Vernepleie**: Vernepleier, 06/2014

**Molde University College** - Molde, Norway

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## LANGUAGES

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**Norwegian**: Native language

**English:**

C2

**Dutch:**

A2

Proficient

Elementary